## Nurtition Biomed

Dr. Maree Brinkman, is an Accredited Practising Dietitian at Nutrition Biomed in Carlton, specialising in cancer treatment and prevention, and an Assistant Professor at Maastricht University in the Netherlands. She is also the dietitian at the Cancer Specialists, and Honorary Research Fellow at the Cancer Council in Victoria in Nutrition Epidemiology. Maree also has an interest in gastrointestinal issues such as IBS and gastric reflux, vitamin and mineral deficiencies, and the dietary management of chronic diseases.

## Mettle + Grace

Melanie is a trained chef and Director of Mettle + Grace, specialising in dietary restrictions and healthy eating habits. In addition to her personal experience navigating dietary restrictions caused by severe gut issues since she was 14 yrs old. She has gained extensive experience in her role as Head Chef at Monk Bodhi Dharma, My Goodness Organics, Pressed Juices and Toasta&Co. She is intimately aware of dietary challenges and has substantial interest in using food to heal.

## Talks with a Dietitian

At Nutrition Biomed, our individualised approach t diet is applied to all of ou corporate consultations. E business is different, with different culture, different needs, and a different en Because of this, we work you to tailor our presenta to best suit your needs, yo goals, your desired outco

Dr.Maree will breakdown explain:

- Correlation of specific dietary requirements and illness
- FODMAPs explained
- Chemical sensitivities
- Moving forward